

Ultreya Small Group Sharing

Please keep your personal time down to less than five minutes to allow everyone to participate!

Opening Prayer

Come Holy Spirit, fill the hearts of your faithful, and kindle in us the fire of your love.
Send forth Your Spirit and we shall be created and You shall renew the face of the earth.
Let us pray.

O God, who by the light of the Holy Spirit instructs the hearts of the faithful,
grant, that by the same Holy Spirit we may become truly wise and ever rejoice in His consolations,
Through Christ Our Lord. Amen.

PIETY

1. What was the most significant experience of prayer this last week/month? Why?
2. What spiritual aids helped me in my spiritual growth this last week/month?
 - a. Morning Offering
 - b. The Eucharist – Sunday / Daily
 - c. The Sacrament of Penance
 - d. Extended Daily Prayer period
 - e. Evening review of the day
 - f. Regular Spiritual Direction
3. When was I most aware of Christ's presence and why?

STUDY

1. What reading or experience has helped my thinking to become more Christian?
2. Sacred Scripture?
 - a. Lectio Divina
 - b. Imaginative Prayer
 - c. Consideration
 - d. Journaling
3. Spiritual Reading?
4. Other Forms of Formation:
 - a. Ministry
 - b. Living with Christ
 - c. Retreats
 - d. Days of Prayer

ACTION:

1. How did I evangelize my environment?
2. What have I done during the week/month to extend the Kingdom of God?
 - a. In my family
 - b. In my workplace
 - c. In my environment
 - d. In my Parish
 - e. In my Group and/or Ultreya
3. What did not turn out the way I planned?
4. Was my Evangelization carried out?

Prayer at the end

We give you thanks, Almighty God. For all the benefits you have given us. You, who live and reign forever...Amen!
(or you may pray, "The Lord's Prayer")